

Focus



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N&N

Norfolk & Norwich
Hospitals Charity

About us

The N&N Hospitals Charity (1048170) raises money to support patients, their families and our staff at Norfolk and Norwich University Hospitals NHS Foundation Trust, which includes the N&N Hospital, Jenny Lind Children's Hospital and Cromer & District Hospital.

We are committed to ensuring that every pound you raise is invested in our hospitals to help provide life-saving and ground-breaking equipment, staff development, research, and enhanced environment and facilities at the Trust.

If you would like to know more about how you can support the charity, we would love to hear from you. Email us at fundraising@nnuh.nhs.uk or call **01603 287107**.

How your donations could help

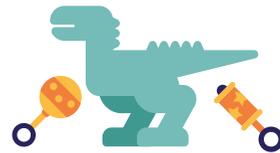
£5

could fund adult colouring books for dementia patients



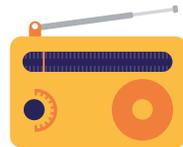
£10

could provide sensory play equipment for premature babies



£15

could fund a portable radio for stroke patients



£20

could fund console games for teenagers with cancer



£85

could provide a model eye for demonstrating procedures to patients



To donate, please visit our website www.nnhospitalscharity.org.uk

Raise a cuppa for NHS Big Tea

Hello. I'm so pleased to have been asked to welcome you all to the summer newsletter.

I first got involved with the charity just before Christmas, baking festive fudge and selling it to colleagues. Since then, I have organised a walk around the N&N as part of the #CaptainTom100 challenge and will be taking part in the NHS Big Tea this summer.

Working at the N&N, I have seen first-hand the fantastic work to support patients and their families and how the charity has supported all areas of the hospital. You can find out on this page how you can take part in the Big Tea and support the amazing work of the charity.



Reece Durrant
N&N staff member
and charity supporter

Join in the Big Tea

N&N Hospitals Charity is encouraging people to join the nation's biggest tea break and raise money for the incredible people in our hospital who have done so much to help patients over the course of a hugely difficult year.



The charity wants as many people and businesses as possible to host or take part in the NHS Big Tea – a national outpouring of thanks. Starting on Monday, July 5 right through the summer to Sunday, September 5.

NNUH Medical Director Professor Erika Denton and Chief Nurse Professor Nancy Fontaine kicked off the charity's Big Tea with a socially-distanced cuppa.

Prof Denton said: "The past year has been so incredibly difficult for everyone so we are delighted to get behind this opportunity to support our wonderful staff.

"We hope as many people as possible will take part by hosting or joining a socially-distanced tea party either at work or with family and friends, or even relaxing and enjoying a tea party for one."

Prof Fontaine added: "A cup of tea brings us all together and this summer we look forward to enjoying time with family and friends so we hope you will join us in raising a cup for the NHS Big Tea and thanking the staff who have done so much this past year to support our patients, families and each other."

Thousands are expected to host events and NHS Charities Together has produced a pack to help those events go with a swing.

To take part and get your pack, please visit: www.nnhospitalscharity.org.uk



If you would like to share your fundraising story, email us at fundraising@nnuh.nhs.uk

Find us at @NNHospCharity @NNHospCharity NNHospCharity
 www.linkedin.com/in/nnhospcharity www.nnhospitalscharity.org.uk

Then and now: 250 YEARS OF THE N&N

Next year we will start celebrations to mark the opening of the Norfolk and Norwich Hospital 250 years ago.

The N&N Hospital was originally situated in St Stephens, just outside the old city walls of Norwich City Centre. Building work began in 1771 and the hospital opened for patients in 1772 with 100 beds. The hospital was expanded and adapted over the following 200 years, until it was relocated to the present Colney Lane site in 2001.

We would love to see any pictures you may have and share your memories of both the old and new hospitals to celebrate the amazing history and future of the N&N. You can contact us at 250@nnuh.nhs.uk



1772

The original Norfolk and Norwich Hospital building, St Stephens



1957
Operating Theatre



Theatre Sister



1952
Hospital Exterior



Undated Ward



NOW The N&N University Hospital on the Colney Lane site



Modern Keyhole Surgery



NNUH Quadram Institute

Hand on heart

The team on Mulbarton ward has started their own fundraising campaign to raise money for the ward which specialises in cancer care and haematology (blood disorders).



Working alongside the charity, the aim of the Hand on Heart campaign is to transform patient rooms, some of which have little or no natural light, making them lighter, homely, modern and more comfortable for patients, many of whom may stay for an extended length of time

Healthcare Assistant Lynn Foughali said: "The team has already raised almost £2,000 from a variety of activities including a raffle, and there are lots of plans for further fundraising.

"These include running challenges, moonlight walk, 100-mile cycle ride, mountain climb, car wash, cake sale and car boot sale with all the proceeds going to the Mulbarton fund."



If you would like to support the Mulbarton team, please contact fundraising@nnuh.nhs.uk or donate at www.justgiving.com/fundraising/handonheartmulbartonward

Give through our hospital lottery

Buy your ticket and be part of our fundraising community. Your money helps us do more for our patients and staff – and you could win £25,000 at the same time.

To sign up, go to www.nnuhcharitylottery.org.uk



James Barham's amazing fundraising story



James Barham faced both the happiest and hardest of times in the space of a few weeks last year.

On April 2 his first child, Charlie, was born but just four weeks later, James blacked out and was taken to the N&N for blood tests and a bone marrow biopsy.

Within minutes of leaving the hospital, James received a call from medical staff with the news he had aggressive blood cancer, acute myeloid leukaemia, and was to return the next day to start chemotherapy.

Despite the gruelling treatment, James spent

his time on Mulbarton ward leading a fundraising campaign to thank staff for their amazing care and support.

His campaign proved to be an inspiration to almost 1,000 people across the world who made a donation, raising almost £30,000 for the cancer teams at the N&N.

One year on, James returned to meet Mulbarton Ward Sister, Kirsty Lewis and Head of Radiotherapy, Mark Gilham to plan where the money will be spent.

James said: "I couldn't be happier with the decision that we've made and look forward to seeing the results."

We are so grateful for everything James has done to raise money for the cancer teams here at the N&N and we know the money he has raised will directly benefit patients for many years to come.

In the coming months, we look forward to sharing the end results of how the donations have been spent.

Our impact

Together, we are doing incredible things



We follow up Grants made by the charity to make sure that they are making a difference. Read on to find out how your donations have made an impact in our Emergency Department.

In 2019-20, the charity spent £403,000 in staff training and wellbeing across our three hospitals.

With the support of funding from the charity, Rachel Burridge, Advanced Clinical Practitioner in the Older People's Emergency Department (OPED), is

completing a Professional Doctorate with a focus on patient experience.

Rachel explained her aim was to "understand the experiences of older patients who attend our OPED, and shape future service design to incorporate patient and family views, to ensure optimum care."

The charity also purchased equipment for the Children's Emergency Department to help clinical staff to locate veins, making it much quicker, easier and more comfortable to insert a cannula for their young patients.



To find out more about how your donations make an impact, download our impact report at www.nnhospitalscharity.org.uk under publications.

Gifts in Wills

Did you know that over the past four years, half of the projects which were funded by our charity were made possible by a gift in a will?



Legacies can have a huge impact, funding the latest medical equipment, providing staff development opportunities, creating welcoming environments and funding pioneering research.

Our legacies in 2020-21 ranged from £250 to more than £100,000 and allowed us to provide funding where it is needed most. **Every gift, large or small, makes a difference.**

Projects supported by legacy funds include staffing a mobile cancer care unit to take cancer treatment closer to patients, developing the cancer centre at Cromer Hospital and providing a new surgical robot.

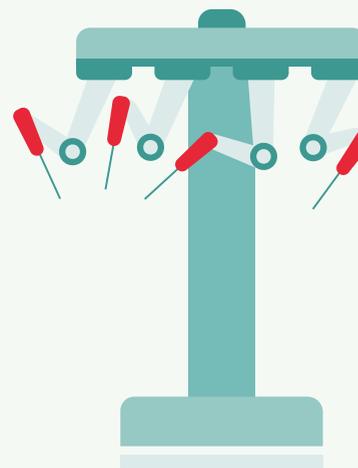
A recent legacy came from Florence Bradley (known as Babs), who moved to Norfolk in 1986.

Florence's nephew told us she was an "amazing lady" and at age 91 she was still

catching the bus into Great Yarmouth.

Sadly, she passed away in April 2020 but her decision to leave the residue of her estate to two hospitals in the county she loved has made her family very proud. In their words "It could not have been a better choice".

We are very grateful to Florence for her legacy and to her family for telling us her story.



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For more information about leaving a legacy to help your local hospitals, please contact legacy@nnuh.nhs.uk

Local business partnerships

The Stock Shop

The Stock Shop, based at the N&N's West Atrium entrance, has become an onsite charity partner.

Following the reopening of non-essential shops, the team is raring to go and support the staff and patients at the N&N, the Jenny Lind Children's Hospital, and Cromer and District Hospital.

Assistant Area Manager, Tracy Hall said: "We look forward to being a part of some great fundraising events within our shop during the



next year involving staff, customers and patients."

The shop is selling N&N Hospitals Charity merchandise for as little as £1 and has a contactless donation point outside. Staff members will receive a 20% discount on production of staff ID card.

Charity of Choice

Attleborough business Fireworks: Fire Protection and Suppression Systems chose us to be its first ever Charity of Choice, starting with a socially-distanced 5K May fun run.

Managing Director Derek Killaspay said: "The Norfolk & Norwich Hospitals Charity is a cause close to our hearts. Being based in Norfolk, many of us have used their fantastic services and we

also work closely with the healthcare sector. Now we want to give something back.

"Our teams are looking forward to a great year of events to raise money for the hospitals – and we are setting our sights high."

We look forward to working with Fireworks in the future and sharing their fundraising efforts.



If your business would like to support the N&N Hospitals Charity in some way, please contact us at fundraising@nnuh.nhs.uk



Chantry Place

A giant illuminated rainbow has been installed outside Chantry Place in Norwich to raise awareness and funds for the Jenny Lind Children's Hospital. We are delighted that Chantry Place is supporting us and we hope the rainbow makes everyone smile when they pass by.

Charity message on the buses

We are proud to see our charity branding on the Konect buses that serve the park-and-ride services in and out of the main N&N site.



Our hospitals

Jenny Lind

Talented young baker, Paige, has been raising money for the Jenny Lind Children's Hospital by baking and selling her fantastic cakes.



Eight-year-old Paige has already raised more than £600 for the hospital where she has been treated for the past two years for juvenile idiopathic arthritis condition.

We think Paige is wonderful and her cakes are amazing. Her fundraising is also delicious practise before she applies to enter the Junior Great British Bake Off next year when she turns nine. The money Paige is raising will make a huge difference for our youngest patients in the hospital where work is continuing to create a dedicated children's theatre complex.

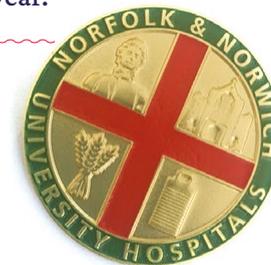
Cromer: nurse's design features on badge

A new badge to celebrate the achievements of newly qualified nurses and midwives has been designed by Cromer and District Hospital nurse Billy Lawson following a competition last year.

The badge featuring Billy's winning design will be given to all newly qualified nurses, midwives and AHPs who complete their first year with the Trust.

The charity has supported the project and the pin badge will also go on sale to help raise funds for our charity.

It was the 200th anniversary of the birth of Florence Nightingale last year and Billy's winning badge design celebrates Norfolk and nursing with images of



Norwich Cathedral, wheat to represent the farming community, Edith Cavell and the Nightingale lamp.

The badge has an authentic Turkish-style fanoos lamp that was carried by Florence Nightingale and is also set to go on display at the Florence Nightingale Museum in London.



Landmark occasion

We are delighted to have a team of 10 runners taking part in this year's London Landmarks Half Marathon (LLHM) on Sunday, August 1.



The runners are all members of staff at the Norfolk and Norwich Hospital and will be raising money for the N&N Hospitals Charity, and the area of their choice.

LLHM is a closed road, central London run and is the only half marathon to go through both the City of London and City of Westminster.

Following the global COVID-19 pandemic, LLHM 2021 was re-themed to celebrate, commemorate and reflect upon the landmark

moments of 2020 and 2021 and grand, heroic and incredible actions and services delivered by key workers, including our very own staff.

One mile of the route will be dedicated to running in memory of loved ones who passed away during the pandemic, many of whom we were unable to pay tribute to at the time.

The charity team is hoping to be in London to cheer on the runners, Covid restrictions permitting.



To make a donation

It's easy to make a donation to our charity:

- Online at www.nnhospitalscharity.org.uk
- Send a cheque payable to N&N Hospitals Charity
- Using one of the donation points around our hospitals
- By phoning the Charity Team on **01603 287107** for assistance

However you donate, thank you.

Please complete the Gift Aid form below – so even more of your donation goes to support our hospitals and patients.

Name: _____

Boost your donation by 25p for every £1 you donate – at no extra cost to you

giftaid it

Address: _____

I'd like to Gift Aid my donation & any donations I make in the future or have made in the past to the N&N Hospitals Charity.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. Please notify us if you:

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

Email: _____

Area of Support (if none entered your donation will go to help where it is most needed)

Tel: _____

Send to: **FREEPOST Plus RRJT-ERAK-YEKZ**
NNUH, N&N Hospitals Charity, Colney Lane, Norwich, NR4 7UY

T. 01603 287107

E. fundraising@nnuh.nhs.uk

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