

Focus



Charity marks Breast Cancer Awareness month

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N&N

Norfolk & Norwich
Hospitals Charity

About us

The N&N Hospitals Charity (1048170) raises money to support patients, their families and our staff at Norfolk and Norwich University Hospitals NHS Foundation Trust, which includes the NNUH, Jenny Lind Children's Hospital and Cromer & District Hospital.

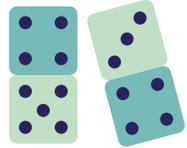
We are committed to ensuring that every pound you raise is invested in our hospitals to help provide life-saving and ground-breaking equipment, staff development, research, and enhanced environment and facilities at the Trust.

If you would like to know more about how you can support the charity, we would love to hear from you. Email us at fundraising@nnuh.nhs.uk or call **01603 287107**.

How your donations could help

£5

could buy a dominoes set for stroke patients



£10

could buy slippers for an older, vulnerable patient



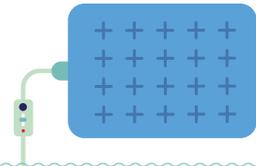
£20

could fund 10 baby diaries for our NICU patients and their families



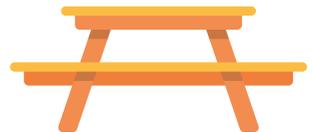
£35

could buy a heat pad for a patient undergoing chemotherapy



£300

could provide a picnic bench for staff and visitors



To donate, please visit our website www.nnhospitalscharity.org.uk

If you would like to share your fundraising story, email us at fundraising@nnuh.nhs.uk

Find us at



@NNHospCharity



@NNHospCharity



NNHospCharity



www.linkedin.com/in/nnhospcharity



www.nnhospitalscharity.org.uk

Welcome

Welcome to our Autumn edition which coincides with Breast Cancer Awareness in October.

As well as being a staff member at the N&N, I have also undergone treatment for breast cancer and know first hand how the work of the charity in this area is making a huge difference to patients.

Our Boudicca Appeal has proved to be successful and thanks to donations we have purchased necessary equipment and are now working to improve the patient environment.

As a patient, it's not just the equipment that can make a huge difference, it is the staff who care for you and on page 5, you can read about Louise Cooper and her role in the breast cancer team.

We would love for you to support this area of the charity, and continue to make a difference to local breast cancer patients.



Lucy Thompson
Governance Manager
for Women's and
Children's Division



Charity moves into new HQ

The Charity team has moved!

For the first time, the Fundraising and Grants teams and our volunteers are all in one accessible place in our new Charity Hub on East Atrium Level 2 at the N&N.

You can find us Monday to Friday from 9am until 4pm if you would like some information about how you can support our charity or to find out more about the work we do.

Please pop in and say hello when you next pass by.



Breast cancer awareness month

October is Breast Cancer Awareness Month and the N&N Hospitals Charity is marking the occasion, once again, by encouraging people to support the Boudicca Breast Cancer Appeal.

BODICCA
Breast Cancer Appeal

The annual campaign aims to increase awareness of the disease and highlight the importance of breast awareness, education and research.

The £800,000 Boudicca Appeal to create a dedicated breast cancer unit at NNUH has raised almost £500,000 thanks to donations from members of the public, groups and businesses alike.

This support has helped us to equip the unit with state-of-the-art equipment, reducing the need to wait for test results, and the next phase will see us create a new waiting area.



Runner takes on London Marathon for Boudicca Appeal



Norwich runner Peter Mahoney will finally be running the London Marathon after the April 2020 race was postponed.

Peter has already raised £2,000 to support the breast cancer unit at the N&N where his wife Kate was treated in December 2018.

Peter was taking part in the London Marathon on Sunday 3 October, supporting the hospital charity's Boudicca Breast Cancer Appeal.

The appeal has already raised almost £500,000 of an £800,000 appeal to create a new, dedicated breast cancer unit and funds already raised have been used to purchase equipment and the next phase will be to create a new waiting area and reception for patients.

After gaining his marathon place through his club, City of Norwich Athletics Club (CONAC), Peter

decided to take the opportunity to raise money for the appeal and thank the staff who treated Kate.

“

I wanted to do a marathon for ages and when I got the place it seemed an obvious choice to raise money for this appeal.

Peter Mahoney



Charity invests in future of staff

Louise Cooper is a Diagnostic Radiographer in the Breast Imaging unit at the Norfolk and Norwich University Hospital and her latest training has been supported by the N&N Hospitals Charity.

She said: “The charity has provided me with the opportunity to further my career and develop into an Advanced Practitioner. The charity is kindly sponsoring me through my Master’s Degree in Breast Evaluation.

“The Masters modules have enabled me to train to report mammograms, perform breast ultrasound, clinically examine breasts and undertake biopsies under stereotactic and ultrasound control.

“Juggling university and family life has been a challenge, however I have loved every minute of training and I am lucky enough to work in a wonderful team, who have supported me throughout my training and continue to do so.

“Training to be an autonomous practitioner

has enabled me to contribute to reducing our ever increasing workload. Waiting for tests and procedures increases patient anxiety, I hope that my training will lead to a quicker diagnosis and treatment for some of our patients.

“My dissertation is due in 2022 and the end dream is to become a Consultant Radiographer. I cannot thank the charity enough for this opportunity.”

Head of Grants Julie Cooper said: “We are delighted to support a member of staff to progress in their career at the hospital.

“At the heart of what we do is supporting and caring for our patients and staff. By investing in Louise, we are not only developing her career, but enhancing the skills of the whole team which will ultimately benefit our patients in the future.”



Creating special moments for patients facing end-of-life care



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Wedding boxes have been put together by the N&N Hospitals Charity for patients who are receiving end-of-life treatment and wish to marry their partners.

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The weddings are made possible thanks to the Norfolk and Norwich University Hospitals chaplaincy team which has helped to create the special box filled with items to support a wedding at the hospital for patients whose diagnosis means they are unable to attend a registry office.

The items include decorations to transform the patient's room, flowers, confetti, bunting, tea lights and keepsakes for the patient and new spouse.

Head of Spiritual Care Adrian Woodbridge, who leads the NNUH Chaplaincy team, said: "It is a real mixture of joy and celebration and a reflection of what the occasion symbolises. It's a celebration of the couple's love and commitment to

each other and the staff really help lift their spirits, decorating the patient's room and making a huge effort to create special memories. Due to the nature of the weddings, they are often at short notice. We support around four each year and these boxes make it easier for teams to create something special when time is limited."

Louise Cook, Head of Fundraising, said: "We are so grateful for the donations we receive which enable us to support areas like the Chaplaincy and create what is a moving, compassionate and special day for a patient at the end of their life."

The Chaplaincy team is just one area of the hospital which you can support via the N&N Hospitals Charity.



Chaplain Jane Nurse with one of the wedding boxes

“

It's a celebration of the couple's love and commitment to each other and the staff really help lift their spirits, decorating the patient's room and making a huge effort to create special memories.

Adrian Woodbridge



Cromer

New cancer centre nears completion

The new North Norfolk Macmillan Cancer Centre is nearing completion at Cromer Hospital. It is due to start seeing its first patients later this year as new chemotherapy services are launched, together with an information and support service for patients experiencing cancer.

Once fully operational the centre will include three new clinic rooms, two minor procedure rooms, five chemotherapy chairs and one chair for the Acute Oncology Service which supports patients through their cancer treatment.

Currently most people from the Cromer area have to travel to Norwich for

treatment and the new centre will enable more people to access cancer treatment and support closer to home. The centre is a partnership between Macmillan Cancer Support, the Norfolk & Norwich Hospitals Charity and the Norfolk and Norwich University Hospitals NHS Foundation Trust which runs Cromer Hospital.



New MRI scanner

A state-of-the-art MRI machine was installed at Cromer Hospital in February as part of an £8m imaging equipment replacement programme.

The development will lead to improved quality of imaging and an enhanced experience for patients in the local area with about 20 patients receiving scans each day using the new machine. It will replace vital imaging equipment at the N&N Hospital and Cromer.

Shelley Johnston, Deputy Lead MRI Radiographer, said: "The new scanner is a huge improvement in technology with more advanced imaging and offers a wider variety of examinations and diagnostic quality."



Hospital charity's Service of Remembrance

The annual In Memory and Never Forgotten service of remembrance will be held on Friday 17 September held for families, friends and carers of people who have died at the Norfolk and Norwich University Hospitals (NNUH).



This is the second year the N&N Hospitals Charity and the NNUH Chaplaincy team have hosted the service to which bereaved families and friends are invited to remember their loved ones.

The service welcomes those of all faiths and none, and people are invited to

get in touch if they would like a loved one's name or favourite poem to be read out at the service.

The service will be led by NNUH Lead Chaplain Adrian Woodhouse and Chief Nurse Professor Nancy Fontaine in the hospital chapel with

members of the public invited to watch from home.

N&N Hospitals Charity Coordinator Mercy Kaggwa said: "This is an all-inclusive event and an opportunity for people to remember their loved ones who have passed away at the hospital, not just in the past year but at any time."



If you would like your loved one to be included either through a name, message or poem being read out, please email nnuhcharity@nnuh.nhs.uk with name and any message by Friday 3 September or telephone **01603 287107**.

Make A Will Week

October 1-31 marks Make A Will Month at N&N Hospitals Charity, where we invite the community to think about writing or amending their will, and to consider leaving a gift in aid of our hospitals.

A gift in a will need not be worth millions, a small gift to an area of your choice will be gratefully appreciated. From £5 to £5 million, your legacy will truly make a difference.

Although you can choose to do this at any time of the year, you can pop into your will writer of choice and ask

that a gift of your choosing be left in your memory selecting N&N Hospitals Charity as your loved in life charity.

Legacies of all sizes contribute so much to our hospitals and your gift will ensure that your legacy is never forgotten.



To find out more visit: nnhospitalscharity.org.uk/support-us/ways-to-donate/leave-a-gift-in-a-will



Charity prepares for festive season

For the third year, we plan to bring Christmas to the N&N this December by transforming and illuminating the plaza with a twinkling display of snowflakes.

We couldn't do this without the support of the community and business partners who sponsor the snowflake display with the Christmas snowflakes display.

Professor Nancy Fontaine, NNUH Chief Nurse, said: "We have, once again, faced

a difficult year, like so many people around Norfolk and we are always so grateful for support shown to our hospitals.

"We would be delighted for as many businesses as possible to get behind the Snowflake Appeal to support

the work of our staff and illuminate the hospital at the end of 2021."



The charity hopes the display will be enjoyed by everyone visiting the hospital, and will raise money for the charity which in turn is used to benefit patients, staff and visitors.

Individuals can also purchase a virtual snowflake with a message for a loved one which is shared on our Christmas website page and on social media.



If you would like more information about sponsoring or purchasing a snowflake, please contact fundraising@nnuh.nhs.uk or call **01603 286786**.

Send a Smile to a patient this Christmas

The annual appeal to give every N&N patient a gift on Christmas Day will take place again but with changes anticipated again to minimise the spread of Covid-19.

Each year, the N&N Hospitals Charity's Send a Smile with Santa appeal collects more than 1,000 presents kindly

donated by the members of the public and businesses across Norfolk.

However to minimise hospital visits, we are asking people to give a small donation to purchase an adult gift or drop off unwrapped gifts of toiletry sets, colouring/puzzle books for adults, or items for children, at West Inpatients Reception from December 1-7 which is open 24 hours.



All presents should be new and remain unwrapped so that the hospital can ensure they are suitable for each adult/child before being wrapped up. In addition to gifts, the hospital would also welcome donations of new gift bags and wrapping paper.



If you would like to support Christmas at the hospital, please make a donation here www.justgiving.com/campaign/ChristmasNNUH



Warming blankets for NICU babies



New warming blankets are being purchased by the N&N Hospitals Charity for babies being treated in the Neonatal Intensive Care Unit (NICU) at the N&N.

The Astopad Patient Warming System can be wrapped around babies when they are sleeping in their cots, out for cuddles with their parents, or under phototherapy lights due to jaundice.

The NICU team has been trialling the blanket in recent months and will be purchasing eight to replace the older, less versatile mattresses which are currently being used.

Senior Sister on NICU, Karin Ronen, said: “We will be using the blankets for babies that no longer need the support of incubators and those on our Transitional Care Unit where babies are still relatively small and/or premature and susceptible to getting cold.

“Having these blankets often prevents any separation that would

happen if small but otherwise healthy babies needed to be placed into incubators in order to maintain their temperatures”.

“The blankets will also enable us to return babies that have required additional support and interventions back to be safely cared for by their mothers at an earlier opportunity”

Thanks to donations, the hospital charity is purchasing eight blankets at a cost of £2,964.40 each and will replace the less efficient, and less versatile hot mattresses that are becoming obsolete.

Each year, the N&N treats more than 900 sick and premature babies in our NICU - some may be with us for a few months while they grow and become strong enough to go home, others may just need a few days support. Babies born with specific problems may need surgery or complex medical care.





The N&N Hospitals Charity Lottery has proved to be hugely popular since its launch earlier this year with dozens of winners already.

The lottery is open to everyone aged over 18 and has a weekly top prize of £25,000 with proceeds

benefiting the N&N Hospital, Cromer & District Hospital and the Jenny Lind Children's Hospital.

For every £1 entry, at least 50p comes directly to the N&N Hospitals Charity to help us improve the hospital environment, purchase the very latest in state-of-the-art equipment, support staff welfare and provide extra care over and above what is currently provided by the NHS.

When you join our hospital lottery you will be allocated your own unique six-digit lottery number, a bit like a lucky dip and the draw takes place each Friday.

To win a prize, you need to match three, four, five or six digits of the winning numbers in the correct sequence. Match all six-digits in sequence and you'll win the weekly £25,000 jackpot.

To sign up, go to nnuhcharitylottery.org.uk



To make a donation

It's easy to make a donation to our charity:

- Online at www.nnhospitalscharity.org.uk
- Send a cheque payable to N&N Hospitals Charity
- Using one of the donation points around our hospitals
- By phoning the Charity Team on **01603 287107** for assistance

Name: _____

Address: _____

Email: _____

Tel: _____

Boost your donation by 25p for every £1 you donate – at no extra cost to you

giftaid it

I'd like to Gift Aid my donation & any donations I make in the future or have made in the past to the N&N Hospitals Charity.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. Please notify us if you:

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

Area of Support (if none entered your donation will go to help where it is most needed)

Send to: **FREEPOST Plus RRJT-ERAK-YEKZ**
NNUH, N&N Hospitals Charity, Colney Lane, Norwich, NR4 7UY

T. 01603 287107
 E. fundraising@nnuh.nhs.uk
www.nnhospitalscharity.org.uk

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Working in partnership with

Norfolk and Norwich University Hospitals
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